

Telephone 788-8996

Vol. 10. No. 39.

4 AGAWAM, MASS. 01001: THURSDAY, JANUARY 4, 1968

By Subscription \$1.50 Per Year — 5c Per Copy

Elderly Persons Question Medicare Insurance Plan

Daniel J. Murphy Jr., district weren't for medicare," manager of social security in Charles James, 74, of Eugene, Springfield, Mass., reports, "Many Oregon, whose wife is being treated by the days: 'Now that I've been given lem. "And I know a lot of peoanother chance to sign up for the doctor bill insurance part of medi-thing." care, will somebody tell me whether this is a good buy?"

those persons who were 65 or older in 1965 could enroll for the voluntary medical insurance part curity and their combined income of the program in any of the last is \$165.60. three months of 1965 or the first | The Jameses' records show that five months of 1966. Those who her hospital and doctor bills have reached 65 after 1965 have the totaled more than \$2,500. three months before the month | But thanks to medicare, includthis protection for themselves.

have an opportunity to reconsider sed, a nurse visits her every morntheir earlier decision. Then, if ing. This service is supplied by they decide to sign up, they may the Home Health Service Agency, do so at any time in the last three a Lane County operation set up months of 1967 and the first three to implement medicare. months of 1968.

in their offices, the home, or in a voluntary doctor bill insurance hospital. Up to 100 home health carrying a large part of the load. visits a year by nurses and other health workers are also covered, as are laboratory tests and various other medical services and goods, he explained. "As to whether it is a 'good buy,' I can only point out that the older person pays only half of the premium costs, with the Government paying the other half. This has been \$3 monthly for each since the program started, and will continue in this amount, at least through March 1968. As provided by law, studies are going on as to whether the present rate will have to be increased, and by how much," he said. The premium rate for 1968 and 1969 will be announced before January, he noted.

Finally, he gave a few examples of how medicare has helped people who have the protection of both parts of the program:

"We'd be on welfare if it

'Camelot' 4-H Benefit Performance Jan. 21

A benefit performance for the Hampden County 4-H Service Club will be held on Sunday evening of Jan. 21st at 8:15 at Cinema 3 with the showing of the movie "Camelot." The proceeds of this program will be used to continue service projects and to help defray expenses for the exchange trip to Maryland this summer.

This is a county wide organization for older 4 H'ers (14 to 19 years old) to render service in the community. The membership consists of approximately 65

Tickets and information may be obtained by contacting Nicholas Demko, Town chairman, or any of the other members as follows: Brad Alheim, Dennis Diko, Jr., general chairman of the who will speak on "Twins." Theatre Party, Ken Strom and Steve Swiconek or the 4-H Office staff at the Holyoke and Proviat 1499 Memorial Ave., West dence Hospitals, and is a Hol-Springfield, Mass.

Tickets should be purchased

before Jan. 11.

James and his wife, Florence, 68, live in the low-rent-for-the-Mr. Murphy explained that aging apartment houses at Third

they were 65, that month, and the ing doctor bill insurance, they three months thereafter to get have had to pay little more than \$100.

Now, as provided by law, those who originally turned it down left a wound that must be dres-Because Mrs. James' surgery

Mr. Merle Gruey, who lives in Medical insurance helps pay a mobile home in Painesville, doctor bills and other medical Ohio, underwent open-heart surservices not covered under the gery in September. Nine doctors hospital insurance part of medi- attended him. Medicare paid \$4,care. Services of doctors are cov- 401 of his total hospital and meered no matter where received- dical expenses of \$4,736, with the

Local Coin Club To Meet Jan. 8

The Agawam Coin Club will son, S. C., Dec. 8. hold their first meeting of the new year Jan. 8th at the Agawam Methodist Church at 7:30 maintenance of military vehicles

Mr. Leo Perras from Easthampton will display some of his

The meeting will cover a short business session, a social hour, refreshments and one of the best auctions to date. A complete report of the second annual coin show will be submitted.

Freshman Class

The Freshman class of Aga-Saturday evening, Jan. 6, from clos and Emma Piancenza.

8 until 11 p. m. at the high school

Featured at the dance will be "Yesterday's Tomonrow," an allgirl band, silent movies of the 20's, and oldies but goodies from Cleary for the men. the past 5 years.

Tickets can be through the freshman home room representatives or at the door. Dress is casual or costume and the dance is open to all Agawam High students

Mothers of Twins Club Meet Monday Dear Member,

The Hampden County Mothers of Twins Club will meet Monday, Jan. 8, 1968 at 8 p.m. at Christ Church Cathedral, 35 Chestnut St., Springfield.

Guest speaker for the evening been "hooked" by the habit. rosa, Liz Crouss, Michael Dem- will be Dr. Ralph Levin-Epstein,

> Dr. Levin-Epstein is on the yoke Pediatrician.

All mothers of twins are cordially invited to attend.

Completes Basic At Lackland AFB



AIRMAN J. J. QUINN, JR.

SAN ANTONIO - Airman James J. Quinn, Jr., son of Mr. and Mrs. James J. Quinn of 47 Harvey Johnson Drive, Agawam, has completed basic training at Lackland AFB, Tex. He is now assigned as an administrative specialist with a unit of the Strategic Air Command at Whiteman AFB, Mo. Airman Quinn, a 1965 graduate of Agawam High School, attended Andover Institute, Springfield, Mass.

Dawson Completes Driver Course

FT. JACKSON, S. C. (AHT-NC) - Army Private Ronald E. Dawson, 19, son of Mr. and Mrs. Alton Dawson, 55 Poinsetta St., Agawam, completed a light vehicle driver course at Ft. Jack-

During the course, he was trained in the operation and up to and including the two and one-half ton truck. Instruction was also given in the operation outstanding coinage of world of the internal combustion engine and chassis assembly.

VWWI Card Party Winners

The second game in the present series of Whist Parties sponsored by the Veterans of World War One was held last Wednes-Dance Saturday day evening at the Agawam National Guard Armory. Door prize

> Ace prize for the ladies was won of YMCA Junior Leaders. by Emma Piancenza and James

Stetson

Aliens Must File Address Report Form This Month

citizens in the United States on age or period of residence, and Jan. 1st of each year to complete all non-immigrants in the United Form I-53 "Alien Address Re- States for limited periods, such

as students, visitors, exchange All non-citizens admitted for personnel, etc., must comply with

Child Psychiatrist **Guest Speaker At** Peirce PTA Meeting exempt.

Teachers Association will hold its port" will be available at all next meeting on Wednesday, Jan. 10, at 7:45 p.m. in the school cafeteria. The January meeting is a "Salute to Fathers Night," but it is hoped that a large turn-inclusive. out of mothers and fathers will attend because of the type of and Naturalization Service Offices program.

Dr. James A. Smith, senior psychiatrist at the Child Guid-ance Clinic of Springfield will and 304 Post Office Building, be the guest speaker. Dr. Smith is also consultant psychiatrist at the Children and Springfield, Mass. 01103, Tel. 781the Children's Study Home in Springfield. Prior to coming to Junior Grange #105 Springfield in 1960, Dr. Smith was staff psychiatrist at the Hartley-Salmon Child Guidance Clinic in Hartford for five years and consultant psychiatrist to the Children's Services of Connecticut. His wide background and experiences in working with children should make this a very valuable and informative evening. Questions will be welcomed in the discussion period following Dr. Smith's talk.

Refreshments will be served formal part of the meeting.

Weiner To Head

Mario Sakellis, executive director of the Agawam YMCA an- Roller Skating nounced today that Mr. Raymond Weiner of 73 Hanward Hill, East Longmeadow, will be the Director of the Little Fellas and Gals Gym classes which will start at These will continue for 10 weeks.

Agawam in 1967 is presently the children 5 to 14 years of age. Physical Education Supervisor winners were Agnes Charest, for the State of Massachusetts those just learning and an adwam High School is sponsoring and an adam Oldie but Goodie Dance this clos and Emma Piancenza He has worked for a Day Camp to learn dances. Instruction will Mystery prizes were won by and is a graduate of Springfield be by a registered professional.

Valter Haggerty, Eugene College. He will be assisted by What is the cost? Not are

The program starts Jan. 6th at 10 a.m. and registrations are High score prizes were won now being taken at the YMCA obtained by: Ladies-1st F. Leblanc, 2nd office. Parents must register in Mabel Miller, 3rd Florence, 4th advance of the program. This Betty Allard; Men—1st Walter program is open to YMCA mem-Haggerty, 2nd Eugene Knightly, bers and non-members who wish 3rd Les Newcomb, 4th Ralph to join. For further information

Agawam Civic Association

A HAPPY NEW YEAR!

The Association is about to launch the year 1968 with a terrific and free program exposing the rise in the use of drugs.

An expert, Sheriff John F. Boyle, will explain its phenomenal rise and concrete cases will be supplied by three inmates who have

We will finalize plans for this free lecture on Sunday, Jan. 7th at 8 p.m. at the Town Hall. Please do your best to attend. Important matters will be decided things of interest to you and of importance to our town.

A new chairman of the ASSOCIATION will be voted in,

Rev. James G. Shea, C.S.S.

Federal Law requires all non-permanent residence regardless of

this statutory requirement. Diplomats, members of certain international organizations, such as the United Nations, who have not abandoned their status, are

Form I-53 "Alien Address Re-United States Post Offices and Immigration and Naturalization Service Offices during business hours from Jan. 2 to Jan. 31, 1968,

Boston District Immigration are located at John F. Kennedy Federal Bldg., Room E-107, Bos-

Luncheon Saturday

Community Junior Grange 105 will meet Saturday, Jan. 6th at the Grange Home, North West St., Feeding Hills, at 12:30 for its annual "dues-paying" luncheon. Members must pay dues in advance in order to receive the new annual pass-word which admits them to meetings.

The regular business meeting conducted by Douglas Favreau, master, will follow the luncheon. and a social hour will follow the During this, the degree will be conferred on new members. program will be presented by the lecturer, Peter Meyer. All arrangements will be supervised by 'Y' Gym Program Earl C. Bradway, Junior Patron.

Classes To Start At Riverside Rink

Would you like to learn how the High School on Jan. 6th. to roller skate, or improve your skating ability? Riverside Roller Mr. Weiner, Physical Educa-Rink will hold classes Saturday tion Instructor of the Town of afternoon from 12:30 to 1:15 for

There is a beginners class for

Not one What is the cost? Knightly and Jessie Tompkins. Mr. Carmino Biagini and a group cent-it is FREE-and they say at Riverside, "If They Can Walk, They Can Skate.'

Western N.E. College To Increase Tuition

A five dollar tuition increase per semester hour, effective September 1968, for both day and evening divisions at Western New England College was announced today by WNEC President Beaumont A. Herman.

According to Dr. Herman, the day division rate moves from \$37 to \$42 per semester hour and from \$35 to \$40 per semester hour in the evening division. The yearly tuition charge for a day division student carrying a normal full-time load will climb to \$1260, as compared to this year's \$11110. Even with this tuition increase, WNEC will have one of the lowest tuition rates in the country for private colleges.

(Please Turn To Page 2)

AGAWAM METHODIST CHURCH

459 Mill Street, Agawam Rev. Kenneth Thornton, Minister Ronald Ashton, Lay Leader Mrs. Herbert Binns, Organist Mrs. Marshall Keyes Sanctuary Choir Director Mary Alexander, Youth Choir Director Sandra Garfield, Church Secretary

Thursday—7:30 p.m. Steering Deacons and Deaconesse ing in the Spear Room.

6:15 p.m. Bowling Friday Teams at West Side; 6:30 p.m. Girl Scout Cadettes.

Sunday-9:30 a.m. The church at worship. Nursery for infants. Church School in session through sixth grade; 6:30 p.m. Youth Groups meet at the church; 6:45 mm. Informal Worship Service; p.m. Agawam Civic Association.

Monday - 6:30 p.m. Junior Choir practice; 7:30 p.m. Woman's Society of Christian Service; 7:30 p.m. All Commissions meet. Tuesday - 6:30 p.m. Youth

Choir practice. Wednesday - 7:30 p.m. Sanctuary choir practice.

BAPTIST CHURCH

Rev. Benjamin Lockhart, Pastor Mrs. Nancy Lund, Choir Director Mrs. Ruth Daniels, Organist Mrs. Barbara Briggs,

Church Secretary Thursday-7:30 p.m. Choir to rehearse in Bodurtha Hall.

Sunday-9:30 a.m. MORNING WORSHIP SERVICE. Lockhart will preach the mornting worship service . . . Choir will sing and the Pastor will talk with the children. Communion will be served.

Monday-8 p.m. Mother's Circle to meet at church.

Choir rehearse at church; 8 p.m. Church Committee to meet in choir practice at the church. Bodurtha Hall.

Wednesday-10 a.m. to 4 p.m. and 7 to 9 p.m. Trading Post

CONGREGATIONAL CHURCH

Rev. Floyd C. Bryan, Minister Mrs. A. G. Toussaint, Minister of Music

Friday-4 p.m. Pastor's Class for young people preparing to unite with the Church; 7 p.m. Boy Scouts meeting; 7:30 p.m. Sanctuary Choir rehearsal.

Saturday-8:45 a.m. Intermediate Choir rehearsal; 9:30 a.m. Junior Choir rehearsal.

Sunday - 9 a.m. Church at vena. Morning Worship and Church School, Nursery thru 6th Grade; 10 a.m. Church School, Grade 7 through 12th; 11 a.m. Church at Morning Worship and Church School, Nursery thru 6th Grade.

Tuesday-7:30 p.m. Deacon's meeting; 8 p.m. Friendly Work-

Wednesday-6:30 p.m. Senior High Choir rehearsal; 7:30 p.m. and 7:30 Confessions. Adult Religious Education Class.

Thursday-12 Noon, The La- Mass. dies Aid Society will entertain the Baptist Church Ladies for Luncheon. The Rev. Calvin Fletcher will speak on the "The Migrant Worker."

FEEDING HILLS CONGREGATIONAL CHURCH

21 North Westfield St. Rev. Arthur N. Sweeney, Pastor Mrs. Frederick Nardi, Organist Sunday-9:30 a.m. Church School Classes; 11 a.m. Worship with Communion; 6 p.m. Youth Groups meet in Griswold Hall.

Monday-7:30 p.m. Board of Deacons and Deaconesses meet-

Wednesday - 7 p.m. Senior Choir rehearsal.

SACRED HEART CHURCH

FEEDING HILLS Rev. George Linse, C.S.S. Rev. James Shea. C.S.S.

Saturday-4:30 and 7:30 p. m. Confessions

Sunday-6:45, 8, 9:15, 11:30 a. m. Masses.

Tuesday-7:30 p.m. Miraculous Medal Novena Devotions.

ST. ANTHONY OF PADUA CHURCH

Rev. Samuel Fayad, C.S.S. Rev. Joseph Mantia, C.S.S.

Saturday-4 to 5 p.m. and 7:30

to 8:30 p.m. confessions.

MASS SCHEDULE
Sundays—7, 8:30, 10:30 a.m., 5:30 p.m.

Week days-7 a.m. Holy days-7 and 9 a.m., 5:30 and 7:30 p.m.

Tuesdays-7:30 p.m. St. Anthony Devotions.

ST. DAVID'S EPISCOPAL CHURCH

Rev. John S. Tyler, Vicar Sunday-8 a.m. Holy Commu-Tuesday — 6:30 p.m. Melody nion; 10 a.m. Holy Communion. Wednesday-7:30 p.m. Senior

ST. JOHN THE EVANGELIST CHURCH

Rev. Walter J. Joyce Rev. Albert Blanchard

Saturday-9 a.m. CCD classes, grades 1 to 6; Confessions 4 to 5:45 and 7 to 9 p.m.

MASS SCHEDULE

Sunday-6:45, 8, 9:15, 10:30,

Monday-CCD classes for all students in grades 7 thru 12 at 7 p.m.

Tuesday-5:30 p.m., Mass followed by Miraculous Medal No-

ST. THERESA OF INFANT JESUS CHURCH

Rev. Paul Bernard MASS SCHEDULE Daily Mass-7 a.m.

Saturday-8 a.m. Mass - 4:30 Sunday - 7, 9 and 11 a.m.

Tuesday-7 p.m. St. Theresa Novena Devotions

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The emphasis is on flavor rather than frills in this tasteful pairing of favorite family foods. Hearty and homey, the Fresh Apples and Corned Beef Platter features tart and tangy all-purpose Washington Winesap apples as the perfect taste complement to savory corned beef with cabbage wedges. The Washington Winesap, a late-harvested, rosy-red apple, with a tangy flavor, and crisp, fine-grained flesh, will keep both flavor and shape as it's being cooked with the meat and cabbage. The addition of caraway seeds adds a piquant touch to this easy-does-it dinner.

Fresh Apple-Corned Beef Platter

- 4 lbs. corned beef 1 stalk celery and leaves 1 carrot, thinly sliced
- 1 small onion, quartered sprigs of parsley
- 1 tbsp. caraway seeds Washington Winesap apples, cut in 3/4 inch rounds
- 1 medium cabbage, cut in

Cover corned beef with cold water, add celery stalk and leaves, finely sliced carrot, quartered onion and parsley sprigs. Bring to boil, reduce heat, cover and simmer until meat is tender (about 4 or 5 hours.) About 15 minutes before serving time increase heat, add caraway seeds, apple rounds and cabbage wedges (secured with picks.) Bring to boil, cook 5 minutes, reduce heat to simmer and continue cooking about 5 minutes more or until apples and cabbage are tender. Place corned beef on a platter and surround with cabbage wedges and apple slices. Serves 6.

CHURCH

"THE CHURCH ON THE HILL" Rev. Frank E. Dunn, Minister Mrs. Hazel Prior, Choir Director Mrs. John MacPherson, Organist Mrs. Richard Orr, Church Secretary

Sunday — 10 a.m. Morning Worship and Sunday School in Boeder House.

Wednesday - 7p.m.Choir re-Thursday - 7:30 p.m. Bible

BIBLE BAPTIST CHURCH

Upper Church and Second Sts. West Springfield, Mass. Rev. John N. Garner, Pastor

Sunday — 9:45 a.m., Bible School for all ages; 11 a.m., morning worship service. There is a supervised nursery service available upstairs in the church during both Bible School and morning service; 7 p.m., evening

(Bible Baptist Church is in fellowship with the General Assn. of Regular Baptist Churches and the American and International Councils of Christian Churches).

Western N. E. . . . (Continued from Fage 1)

approved the increase recently, and six white stripes with 13 noting that this increase is necessistars in a field of blue, but the sary in order for WNEC to pro- arrangement of the stars and the vide the kind of education and to proportional aspects of the flag attract the caliber of faculty were vague. Various seamstreswhich have come to be expected ses turned out different versions. at the College. Other reasons for A number of these early Amer-Trustees were: increased prices of same pane of stamps.

VALLEY COMMUNITY College purchases, materials, and

An effort to increase WNEC's scholarship aid program will be made, added President Herman.

U. S. STAMPS FOR 1968

Postmaster General Lawrence F. O'Brien announced today that commemorative postage stamps to be issued next year will in-

· A series depicting early American Flags.

The first stamp in a new wildlife conservation series.

• A stamp marking the 300th anniversary of Fr. Jacques Marquette's explorations of the ter-ritory that is now a part of the United States.

The three stamps will be for first-class postage. This brings to 10 the number of stamps announced for next year's program. About 15 commemorative stamps are issued annually.

Time and place of issuance will be announced later.

American Flags of the Revolution greatly varied in design. On Feb. 20, 1776, the Continental Congress issued an order permitting colonels of regiments to fly flags "such as they could procure and might deem proper." More than a year later, the Flag Reso-The WNEC Board of Trustees lution defined a flag of seven red

the tuition increase given by the ican Flags will be printed on the

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Mario Sakellis, executive director of the Agawam YMCA, announced today that Carmino Biagini will assist Mr. Raymond Weiner in the Saturday morning Little Fellas and Gals Gym Class. The classes start Jan. 6th at the High School Gymnasium. Classes are held from 10-12 noon and are open to boys and girls grades 1-6. Registrations are now being taken at the "Y" office. Mr. Biagini has worked with youngsters in Day Camps and as Camp Director at Camp Mill Brook, the Agawam YMCA Day Camp.

MOVIES AT THE "Y"

Mario Sakellis, executive di-rector, announced that starting Saturday, Jan. 6th, afternoon at 2 there will be movies for boys and girls at the Agawam YMCA.

This program is open to members and non-members. A small fee will be charged to help defray the cost of the film. In addition to a feature film there will be an action filled and exciting serial. The feature film will be "Apache Chief"—the serial film will be "Burn-Em-Up Barnes." For further information call as "Y", 733-9676.

Front Door

Should Match House Style

You wouldn't wear a baseball cap with evening clothes. Why have a front door that doesn't match the mood and character of your house?

Architects and designers agree that a house entrance should reflect and authenticate the style of a house. It should also be a decorative highlight of the house exterior. And, as the gateway for visitors, it should look attractive and welcoming.

Selecting a front door that beautifies your home and matches its decor is no problem. Good-looking panel doors of ponderosa pine, in stock sizes and a wide range of styles, are as near as the local lumber dealer. They're precision-manufactured for good fit and easy installation, and are factorytreated with a chemical preservative to withstand weather

If you have a Colonial home, the six-panel or Cross-and-Bible door is especially appropriate. This door has four upper panels that form the shape of a cross, and two lower panels that represent the open pages of a Bible. It's a duplication of the original hand-crafted Colonial doors which were so designed because the religious implications were believed to scare off evil spirits.

panel doors ment both traditional and contemporary house styles. Some available styles are: the 15panel Tudor door, the eightpanel Florentine design, the Dutch door which has two separately operating halves, the nine-light door which has small-pane glass panels, the three-panel door in which panels can be fitted with decorative inserts, and the Mediterranean and Spanish designs. For twice the dramatic impact, you can use any of these styles as a double entry - two full doors installed side by side.

Ponderosa pine entrances are also available as complete stock units, including a panel door, peaked top, side pillars and sidelights. _

Anyone to finish last 5 monthly payments of \$8.00 on 1967 sewing machine. Tel. 781-1202

Round The Town



By Ann Nael phone ST 8-8996

NORTHAMPTON - Frances

M. Siano, daughter of Mr. and Mrs. John J. Siano, 375 Suffield St., Agawam, has been named to the Northampton Commercial College dean's list for the academic quarter ended Nov. 10.

A '67 graduate of Agawam High School, she is majoring in medical secretarial studies at

Mr. and Mrs. F. V. Davilli and children, Jeri-Ann, Tom and Marty of 229 North St., Feeding Hills, returned recently from Clemson, South Carolina, where they attended graduation exercises for their son, Barry, who received a Bachelor of Science Degree in Electrical Engineering from Clemson University. He was also commissioned a 2nd Lieutenant in the Ordnance Div. of the U.S. Army.

Also accompanying them on their trip was Miss Jeannette Barry of McKinley St., sister of Mrs. Davilli and Jerome Luke, fiance of Jeri-Ann Davilli.



Pancake Party by Betty Crocker

All you need is griddle and guests — and with little to-do, you can turn your home into a Pancake House. If guests include men or children, or both, let them flip their own flapjacks for more fun. Griddle at one end of the table, with pitcher of batter . . . coffee and juice at the other . . . toppings in between.

Offer a variety of toppings, at least three. That's what makes pancakes a party. Lots of bacon, too. Or a meat and sauce combination with tiny sausage balls swimming in hot maple syrup. More coffee perking in the kitchen, and that's it. Now for some basics and flourishes.

BASIC RECIPE FOR PANCAKES

2 cups Bisquick

1 egg 1% cups milk

Beat ingredients together with rotary beater until smooth. Grease griddle, if necessary. Turn pancakes when bubbles appear and before they break. Makes about eighteen 4-inch pancakes.

For thinner pancakes, add more milk. For thicker pancakes, add more Bisquick . . . To keep them hot, place between folds of towel in warm oven. Or place pancakes separately on rack in very low oven with door open. Don't stack . . . Then to doll them up, try these luscious toppings.

Special Cherry Pancakes: Set out a bowl of dairy sour cream. Pour contents of 1 can (1 pound 5 ounces) cherry pie filling into another bowl. Guests spread each pancake of a small stack with sour cream and top with a spoonful of cherry filling.

Or, Fruit-patch Delight: Set out a bowl of sweetened fresh raspberries (or thawed frozen raspberries) and a pitcher of Orange Sauce (below). Just pour sauce over a small stack of pancakes and spoon on raspberries. Orange Sauce: Combine 1/3 cup butter or margarine, 2 tablespoons sugar and 1/3 cup orange juice; heat to boiling, stirring constantly. Makes about 1/2 cup.

Serve honey butter, too. Whip- $\frac{1}{2}$ cup soft butter with $\frac{1}{2}$ cup honey until fluffy . . . To spice up the coffee, add a dash of cinnamon before brewing . . . And your pancake party is casual but unusual.

Living With Your Heart

A Service of the

Massachusetts Heart Association

RESOLVE NOT TO START SMOKING. HEART ASSOCIATION URGES

may be hard to break, and which finance one year of a college edmay cost me my health and my ucation.

of this country.

damage to the heart and lungs ing. begins early among cigarette smokers, and that there is evidence to indicate young tissues

cigarettes," said the Heart As- he assembled on other Christ-sociation, "the young person mases. should know that a number of disorders-among them heart attack, stroke, hypertensive heart disease, lung cancer, emphysema, chronic bronchitis and peptic ulcer—are triggered or aggravated

by cigarettes."
"These and other cigarette-associated disorders are responsible for more than 125,000 premature deaths in the United States each year, and are believed responsible for about 20 per cent of all time lost from business and industry," the Association spokesman added

Cigarette smoking is not only costly to health but to the pocketbook as well, the Heart Association representative said, pointing out that the expense for the first



Rock Salt Straw - Bird Seed Sunflower Seed Lawn Seed

FERTILIZERS • PEAT MOSS • RAKES

VI (O) VIEW

FARM and Garden Center 338 SILVER ST., AGAWAM RE 2-3965

"Resolved, that I will not start ten years of smoking may well smoking cigarettes, a habit which exceed \$3,000—almost enough to

The Association emphasized With youthful cigarette smok- that the best way to deal with ers increasing at the rate of the cigarette problem is to remore than 1 million a year, West- frain from taking the first puff. ern Chapter, Massachusetts If this is done, said the Heart Heart Association, today pro- Association, the individual not posed the foregoing New Year's only avoids the possibility of illresolution for the young people ness and premature death but also the added problem of having The Chapter pointed out that at some time to discontinue smok-

One father has announced that are more severely affected than he assembled a Christmas toy this year, using nothing but the "Before becoming addicted to extra parts left over from toys

See Sox April 15

The Boston Red Sox open their 1968 Fenway Park against the Detroit Tigers on Monday, April 15. They actually begin defense of their American League championship at Detroit

Boston's home schedule lists 78 dates for 81 games, including Patriot's Day and July 4. There will be 36 night games, four less than last season.

Only three doubleheaders are scheduled, June 2 versus Baltimore, July 7 with Minnesota, and July 21 against Washington.

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OPP. WONDER MEATS

The Agawam Independent-Thursday, January 4, 1968 Page 3

Red Cross Aid For Hanoi

Geneva

The League of Red Cross Societies announced it has sent about \$19,200 worth of medical supplies and laboratory equipment to North Vietnam.

It added that another shipment of medical supplies would be sent to Viet Cong controlled areas of South Vietnam through the North Vietnamese Red Cross in the near future. These would be destined for the civilian population in the area, it said.

The league sent a first shipment of medical supplies to Hanoi in June.

Columbia, Tenn., Herald — "Maybe . . . a Marine's pay could be raised, say to what we pay those on welfare here at

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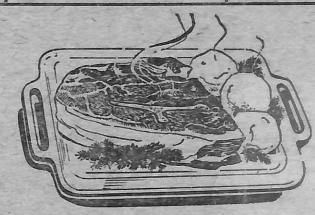
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gamam Independent

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Thursday, January 4, 1968

Short Memories

A special supplement of a late issue of The Reader's Digest unable to work. Suppose a young peas/carrots, cranberry sauce, bread/butter, chocolate cake w/ contains a series of articles dealing with "Medicines and Your Family's Health." The series recalls facts that reveal in a most startl- five, is killed in an accident, and wich), cookies, milk. ing manner the shortness of human memory-particularly the memo- that his average earnings covered ries of those who today are making a crusade of pillorying the U.S.

One of the articles asks, "What Ever Became of Those Quaran- would receive as much as \$328 deep dish apple pie (cheese Most of us have forgotten those signs, yet they were each month in social security, a familiar sight. They appeared with chilling suddenness on the nearly \$4000 each year. By the doors of homes in every community warning visitors to stay away time the oldest child reaches 18 because a dread communicable disease was present within. The his family could have received because a dread communicable disease was present within. The signs were affixed by the order of the City Health Officer. It was nearly \$51,000. And this would broccoli, bread/butter, chocolate the only way of preventing the spread of such scourges as diphtheria, not be all—the widow could rewhooping cough, scarlet fever, smallpox, polio and many others.

Such quarantine signs are no longer in evidence for one very reaches 60, and the children could good reason. Drugs have been discovered and mass produced by the nation's leading drug firms that have literally wiped out yesterday's killers. Nearly everyone remembers the history of polio. According to the Digest piece, polio in 1952 claimed nearly 58,000 victims, but in 1963, only 431 cases were reported, and by 1965, the annual toll had dropped to 61. Polio was beaten by a vaccine. "But," in you will pay another \$11,300 in the words of the Digest article, "it took the science and skills of social security taxes by the time American drug companies to make these vaccines available to mil- you reach 65 and retire. To that lions of people at low cost."

Yes, the old quarantine signs that proclaimed suffering and death have disappeared. They were made obsolete by medical advances, improved sanitation, public health agencies and the scientific resourcefulness of research-oriented drug companies.



hospital rooms are excluded from overall room rate. coverage under the medicare program. Could you tell me if there is ever an exception to this ruel? pitals should be reimbursed for

ment of an illness or injury.

they are not requested by the pa- item. tient. These hospitals often have Television systems providing the sets permanently installed as only entertainment are not allowpart of the communications sys- able as a cost of inpatient hostem within the hospital and they pital care. Systems that provide are thus made available to the only communications between higher than today's benefits. patient routinely. No specific nurse and patient are fully allowcharge is made for these items able and systems combining both and the hospital usually includes of these features are allowable to

Question: Television sets in the cost of these items in the outlive him. The amount is based

After a careful review of this situation it was decided that hos-Answer: The exclusion of tele- the costs of these communications vision sets from coverage under systems when they are permathe medicare program was made nently installed in all patients' on the theory that it did not con- rooms and they are an integral tribute meaningfully to the treat- part of the nurse-call system. In ordered to be reimbursed, how-As the medicare program be- ever, the hospital has to routinely came operational, it was pointed provide the service which is not out that in some hospitals, tele- subject to patient option and canvision sets are available although not charge separately for the

chase, installation and repair of the patient-nurse communications part of the installation. Q. I'm 28 years old and have

been paying the maximum social security tax for the past nine years. It seems to me that we younger workers are bearing the brunt of increasing social security contributions. Is it true that we'll be paying much more into the system than we'll get out of it?

A. Using yourself as an example, you have paid just under \$1700 in social security contributions so far. You have protection worth \$50,000 to \$75,000, payable in monthly benefits to your family if you should die or become disabled for work.

Many young workers think of social security in terms of retirement, old age, and medicare. Soyounger people - it can mean cake, milk. titled to disability benefits can jello w/opping, milk. continue to get monthly checks father of two children, both under by social security were \$450 a month. His widow and children sticks, peanut butter sandwich, butter sandwich, fruit cup, milk. ceive monthly benefits when she receive benefit payments until they reach 22 if they continue their education.

In addition to the \$1700 in contributions you've paid up to now, add the interest that would have accumulated over the years-just about doubling the amount of actual dollars you paid into the social security trust funds. For a total "investment" of \$25,000 in social security, today's young worker, who lives on another 13 years after reaching 65 (the average male life expectancy at 65), can expect a return of \$32,000. This return would be in the form of retirement benefits for himself and his wife while he lives, and for his widow during the five years by which she typically will on the schedule of taxes and benefits now in the social security

The social security program, unlike an ordinary insurance contract, does not promise to return a fixed number of dollars for a fixed premium. In past years, as earnings and prices have risen, benefits also have risen. There is every reason to expect that this on buttered roll, relish, catsup, pattern will continue. So younger workers can expect not only that applesauce, milk. they will get their money's worth for their social security contributions, they can also reasonably expect that the social security benefits payable to them and their dependents will be substantially w/meat sauce, buttered green

as suburbs and countryside. Not ed peaches, milk. long ago, a stray coon staged a

1039 MEMORIAL AVE.



January 8

through

January 12

SENIOR HIGH

Monday: Grilled luncheon meat applesauce, bread w/topping, milk.

cial security means even more to chips, buttered green beans, prune corn, cranberry sauce, grapefruit

Wednesday: Orange juice, hamwidowed mothers and their chil-tomatoes, mayonnaise), potato jelly sandwich, pineapple cream dren. A worker who becomes en- chips, peanut butter sandwich, pudding, milk. Thursday: Orange juice, turkey

bread/butter (peanut butter sand- mocha icing, milk.

cheese sandwich, celery/carrot peas/carrots, cheese or peanut wedge), milk.

JUNIOR HIGH

Monday: Meat loaf w/creole puddig, milk.

Tuesday: Juice, shell macaroni w/meat balls, tossed salad, pineapple chunks, bread/butter, milk.

green beans, peanut butter sandwich, sliced peaches, milk. Thursday: Juice, turkey and

potato, peas, bread/butter, ice cream cup, milk.

Friday: Tuna fish salad, tossed salad, buttered carrots, bread/ butter, chocolate pudding w/topping, milk.

DANAHY

Monday: Juice, grilled frankfurt w/buttered roll, relish, mustard, buttered corn, applesauce cake, milk,

Tuesday: Elbow macaroni w/ meat, tomato sauce, buttered green beans, rye bread/butter, cheese wedge, sliced peaches,

Wednesday: Beef stew w/vegetables, hot biscuit w/butter, fresh fruit, milk.

Thursday: Mashed potatoes, hamburg gravy, buttered broccoli, bread/butter, fruited jello w/topping, milk.

Friday: Pizza w/cheese, tomato sauce, tossed salad, peanut butter cookies, applesauce, milk.

GRANGER

Monday: Juice, grilled hamburg cheese wedge, whole kernel corn,

Tuesday: Juice, meat loaf w/ tomato sauce, fluffy rice, buttered carrots, pan roll/butter, pineapple tidbits, milk.

Wednesday: Juice, meat ravioli cheese stick, apple crisp, milk.

Raccoon Visits City brown gravy, mashed potato, but-Thursday: Yankee pot roast in Raccoons enjoy cities as well tered broccoli, bread/butter, slic-

Friday: Codfish cakes, baked sit-in on a second-story ledge of beans, (catsup), lettuce/tomato the Treasury Department. salad, raisin cookies, milk.

WEST SPRINGFIELD

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PEIRCE.

Monday: Orange juice, baked w/pineapple parsley potatoes, beans w/frankfurt rings, carrot applesauce, rye bread/butter sticks, cheese wedge, hot buttered (peanut butter sandwich), ginger- raisin corn bread, whipped jell w/ topping, milk.

Tuesday: Hot turkey sandwich Tuesday: Orange juice, frank- Tuesday: Hot turkey sandwich furt on buttered roll, potato w/brown gravy, buttered kernel sections, milk.

Wednesday: Baked hash, butworkers and their families or to burg special, (hamburger, lettuce, ered leaf spinach, peanut butter/

Thursday: Orange juice, roast beef in natural juice, buttered for as long as he is disabled and a la king on hot biscuit, buttered sliced potatoes, Harvard beets,

> Friday: Baked macaroni w/ Friday: Orange juice, grilled cheese and tomatoes, buttered

PHELPS

Monday: Chicken noodle soup w/vegetables, meat sandwiches, orange wedges, peanut butter cookie milk,

Tuesday: Juice, grilled hamburg on buttered bun, onion slices, relish, buttered green beans, spice cake w/frosting, milk.

Wednesday: Hamburg and mac-Wednesday: Hamburg on bun, aroni baked w/tomato sauce, cabbage/carrot salad, bread/butter, pineaplpe tidbits, milk.

Thursday: Roast beef in gravy, gravy, cranberry sauce, mashed mashed potatoes, buttered cabbage, bread/butter, dessert, milk.

Friday: Juice, tuna fish salad sandwich, tossed green salad w/ spinach greens, cheese sticks, apple, milk.

ROBINSON PARK

Monday: Orange juice, meat ball grinders w/sauce, buttered carrots, cheese wedge, citrus fruit cup, milk.

Tuesday: Elbow macaroni w/ meat-tomato sauce, buttered green beans, milk.

Wednesday: Juice, frankfurt on buttered roll, buttered cabbage, potato sticks, white cake w/raspberry topping, milk.

Thursday: Tomato soup w/rice, raw vegetable sticks, ham sandwich, peanut butter cookie, fruit, milk.

Friday: Juice, grilled cheese sandwich, peanut butter sandwich, tossed green salad, potato chips, gingerbread w/applesauce topping, milk.

SOUTH

Monday: Orange juice, homemade turkey noodle soup w/vegetables, crackers, celery sticks, turkey salad on rye, fresh apple, milk.

Tuesday: Meat balls in Tomato sauce on grinder roll, cheese sticks, A.B.C. salad, sliced peaches, milk. Wednesday: Cranberry juice,

bacon cheeseburger on buttered beans, peanut butter sandwich, bun, buttered spinach, apple crisp, Thursday: Spaghetti w(meat-

sauce w/grated cheese, lettuce salad w/french dressing, buttered Vienna bread, fruit cup, milk.

Friday: Tuna fish salad roll w lettuce, buttered peas, pineapple upsidedown cake w/topping, milk.

And Impertinent

Centralia, Wash. Everyone taking classes at Centralia Community College's adult evening school is asked to fill out a registration form, including blanks after "date of birth: day, month, year."

One woman filled in the blanks with one word: "irrelevant."

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SPRINGFIELD INSTITUTION FOR SAVINGS

But Carol Anne, "the little ne," slept through all the

noise.
"It was then that we really knew," recalls Mrs. John L. Schmidt of Long Island City, N. Y. "My husband and I had always suspected, but never really admitted to ourselves, that 'the little one' couldn't hear."

hear."

The blonde, blue-eyed Schmidt twins were born a minute apart on Columbus Day, 1964, but the difference between them is much more than a mere 60 seconds.

Their mother was stricken with German measles (rubella) early in pregnancy—so early that at the time she did not even know she was pregnant. The rubella virus caused Mrs. Schmidt only temporary discomfort and apparently left Joanne unaffected.

discomfort and apparently left Joanne unaffected.

But for the other developing twin, Carol Anne, the result was tragic. She has suffered from near-total hearing loss since birth. Moreover, she has a heart defect and her general physical development has been slower than that of her sister.

What happened to the

What happened to the Schmidt twins is rare, if not

unique.
"I have seen some cases where both twins were affected," the physician-in-charge ted," the physician-in-charge of the March of Dimes-financed Rubella Birth Defects Evaluation Project at New York University Medical Center said in a recent interview, "but this is the first case I have seen in which one twin has been spared."

The physician is Dr. Louis

Z. Cooper, assistant professor of pediatrics at the university, who has examined the Schmidt twins and hundreds of other congenital rubella victims as part of the March of Dimes

The day a woman gives birth is, to say the least, filled with emotion and expectation.
On that October day in 1964,
the emotional stress on Eleanor Schmidt was particularly
intense.



THESE TWINS are a medical mystery. Joanne Schmidt, right was born healthy, but Carol Anne was born with physical defects caused by German measles (rubella). With them is Dr. Louis Z. Cooper at Murch of Dimes Rubella Birth Defects Center.

what no declars told us what rubella could do if contracted early in pregnancy. After the girls were born, we were just grateful it wasn't more serious," Mrs. Schmidt said

She recalled that at birth Joanne was two pounds heavier and two inches longer than Carol Anne. Now the older twin is 12 pounds heavier than her sister.

her sister.

"The little one," who wears a hearing aid in each ear, has been enrolled for half her young life in an auditory training program. She also attends speech therapy class and sees several pecialists regularly

"We had no idea of what to | daughter develop a vocabulary of 150 words from photos of houses, cars, boats, etc.

"Joanne has been a big help, too," Mrs. Schmidt points out.
"The little one' follows her in everything, eating, walking. Of course, she's not as well coordinated as Joanne. You can see that from her knees. They are forever scraped from falls."

Step-by-step the Schmidt family overcomes each new difficulty. They are not alone. The twins were born during one of the most severe rubella epidemics in the history of this country. In New York City alone, there were an estimated 200,000 cases in 1964.

Experimental vaccines to To help prepare Carol Anne for school, Mrs. Schmidt keeps a special album of photographs from newspapers and magazines. She has helped her the first school of the fir prevent rubella are now being tested, and authorities have expressed hope that an effec-tive vaccine will be available The Agawam Independent—Thursday, January 4, 1968 Page 5

V.F.W. Post 1632 and Auxiliary Bulletin

By ANNA D. BISSONNETTE

By now, Jan. 1, 1968 has come | (Members of the General Counand gone and many of the Vet- cil) erans of Foreign Wars members are starting the New Year with lots of Faith, Hope, Charity and WORK!!! We wish to all the V.F.W. Post and Auxiliary members, their families and friends the best of health and a prosperous New Year.

This will be a short column but full of important dates.

MEMBERSHIP

Have YOU paid your 1968 dues yet? Please help up with our membership by sending your dues to QM Bissonnette of Post or Treasurer Anna D. Bissonnette of the Auxiliary. DO IT NOW!!!

MASS. COTTAGE PROGRAM As we start another year in our Auxiliary I would like to ask each and every sister to please do all that you possibly can to donate to the Massachusetts Cottage Fund. A check will help provide for all the orphan children at the cottage who came from Massachusetts. It will be greatly

appreciated. NATIONAL HOME PROJECT

The National Home Project is part of our National President's "Ten Point Program" and it is very important to this years' reports. I know you want to help make this year the "Year of 100%". It can be done if each of us will do our share. This is what is needed for our National Home 100%.

A - Health and Happiness Fund-\$1.00 per member in the #1632 Auxiliary. (June 30, 1967 Membership Quota will tell you how much is needed).

B-Life Membership-At least one per Auxiliary (\$25.00) This can be either a member's or the Auxiliary's.

C-Christmas Seals from the National Home - Auxiliary should buy at least one sheet and the Auxiliary Members what they can afford.

D-Scholarship Fund-A contribution of your own wishes. These are YOUR A, B, C, D's, for National Citations and Awards. LET'S get with it girls -we've already started 1968 off with a good record. We have a "Life Membership" and we've purchased the Christmas Seals.

IMPORTANT DATES

Jan. 7, District 13, President's meeting at W. S. V.F.W. #6714 at 2:30 p.m.

Jan. 9, V.F.W. AUX. meeting at Post Home, 8 p.m.
Jan. 15, V.F.W. POST meeting

at Post Home, South St., 8 p.m. Jan. 20, Open Department meeting (place and time to be

announced). Jan. 27-28—Mid-winter ference, Washington, D. C. Jan. 30, Legislative Dinner

Deepest sympathy to Mrs. Emily Samplatsky, Mrs. Wilma Gillan and families on the death of their beloved husband and father, Mr. Edward C. Samplatsky of McKinley Ter., Westfield. We are truely sorry, Emily and Wilma. Mrs. Samplatsky is a Past County Director of District 3, American Legion Auxiliary and Wilma, her daughter, a past President of American Legion Auxiliary #185 of Agawam, Mr. Samplatsky was a great help to them in achieving their goals.



Do Yourself a Flavor . . . /

When you cook, it's wonderful how a little culinary ingenuity goes a long way. A little dash of this or a little dot of that often can mean the difference between the ordinary and the extraordi-nary taste of certain foods. Home economists at the Wise Potato Chip company suggest these ways to add flavor - and subtract time-in your cooking

preparations.

*If you want juicier, plumper broiled hamburgers, add a table-spoon of ice water to each pound of ground meat before you shape them into patties.

*Another way to enhance that good old standby – hamburger — especially if you've young folk in the family, is by transforming them into "pizza-burgers." Top the finished burger with tomato sauce, anchovy fillets in crisscross fashion, a sprinkling of grated cheese, and crumbled Wise Potato Chips (the flavor enhancer). Mama mia! Delicious!

hancer). Mama mia! Delicious!
*No time to make hollandaise
sauce from scratch? Here's a quickie. Simply heat mayonnaise over low heat, add a few drops of lemon juice to taste, stir gently; and . . . your "hollan-daise" is ready to serve with as-paragus, broccoli and Frenchstyle green beans.

*For the quickest, tastiest créamed spinach, blend milk with crushed Wise Potato Chips, and cook over low heat until sauce thickens. Keep on stirring! Then, blend in chopped cooked spinach, add a sprinkle of garlic if de-

sired, and reheat if necessary.

Don't just file away these four cooking suggestions. Use them. They save you precious minutes when you're wondering what and how. You can do yourself a flavor -by using these wise shortcuts to good eating.

Gold Found

Tissues of aspens, firs, willows, and some other plants hold tiny but measurable amounts of gold.

Advertising is the life of trade.

New Tunnel Through Alps

Chur, Switzerland A road tunnel through the San was opened three years ago. Bernardino Mountain range in the Alps of eastern Switzerland was officially opened for traffic Dec. 1.

The four-mile tunnel provides the first fully winter-proof road connection between northern Switzerland and the Italianspeaking southern part of the country.

Starting at an altitude of about 5,350 feet from the village of Hinterrhein in an area where the Rhine rises, it emerges from the College has provided student loans at only 20 mph, your car needs mountains again at the village of for such things as stereo and hi-fi about nine times as far to stop

The tunnel saves motorists the twisting drive up to and across the 6,700-foot high San Bernardino pass, which is closed in winter because of snow.

While the new tunnel may not revolutionize European traffic patterns, the Swiss are hoping that it will help to mitigate the relative isolation of their eastern region, especially the canton of Graubunden.

When the modernization of approach roads is completed, the tunnel will provide the most direct road route to Italy from West Germany and northern Europe, through Basle, Zurich, or the Lake Constance region.

The tunnel, which is 25-foot wide, will be able to handle up to

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1,500 passenger cars an hour, or a second-hand car, and karate about double the capacity of the lessons. Great St. Bernhard Tunnel connecting Switzerland and Italy.

The third road tunnel under the Alps, opened two years ago, is the seven-mile link between France and Italy, through the 15,875-foot-high Mont Blanc, the highest mountain in Europe.

Fun Fund

Spartanburg, S.C.

In the last 12 years, Wofford

All of the loans were granted

by the college administration The Great St. Bernhard Tunnel through a "pleasure fund," established 12 years ago by an anonymous Wofford graduate who said he didn't want any students to go through Wofford "without having any fun."

More than 1,500 students have borrowed up to \$50 each through the "pleasure fund." Students are charged a \$1 "paper fee" which goes back into the fund when the loan is repaid.

Slow down on icy roads. Even sets, a trip to a mountain resort, on ice as on dry pavement.

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IBM AUTOMATION SYSTEMS — 36 Weeks

The most comprehensive IBM evening course ever offered. The course takes the student from basic IBM machine operation right up through advanced Computer Programming.

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& 660 Beacon St., Boston-266-1750

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Designed for both men and women, this course provides thorough training in the operation and programming of the IBM Series 360 Computer.

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Evening Classes Start Jan. 29th

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City	Phone	

CALL OR WRITE FOR FREE BULLETIN



the past deer season in Mass. of Wilbraham. The nine pointer vices. The annual profile of the dressed out at 190 pounds. This would be about 250 pounds live weight. Second largest was a weight. Second largest was a twice last year, utilizing about 180 lb. (dressed weight) ten 8,275,000 craft of all types, compoint buck shot by Thomas Bruso of Brocketon.

Mass. wound up the 1967 deer before. seasons on Dec. 9 with 1,193 deer taken. Of these, 334 were antlerless, taken on permits, while the employed population accountremainder were legal bucks in- ed for the biggest share of outcluding 18 killed during the No- board motor sales to employed vember archer season. Four does were also taken in the archery

The old standby is the only species left to hunt, the rabbit. cent share, versus 16.3 per cent Sam Provo, "Soapy" Balboni, last year. Bob Jacobs and this writer experienced a very good hunt recently. Sam's dog, "Smokey" and lows: 4,843,000 outboard motors; one man working nine hours." my "Spot" didn't give the snowshoes a bit of rest. Their hot and auxiliary - powered sailboats; heavy tonguing was sweet music 561,000 sailboats without inboard to our ears. We ended the day with one rabbit in the bag and 2 others to be run another day.

Every year we stock the freezer with rabbits harvested and when the number is sufficient, 12 to 15 rabbit hunters gather together for a feast. The inquiries are coming in all ready and old jokes about the Fuller we have just started to fill the brush man will have to be up-

FEES POSTPONED

The Army Corps of Engineers a woman. announced recently that the fees scheduled to go into effect on women in door-to-door selling. Jan. 1, 1968, has been postponed until Jan. 1, 1969.

The facilities involved include docks and boathouses, swimming and diving platforms, duck blinds, mooring facilities, ski-iumn floats and rafts. Until jump floats and rafts. January 1, 1969, the Corps will continue to issue permits for such facilities without charge.

Interesting Statistics

Retail spending on recreational boating in 1967 topped the \$3 billion mark for the first time in history, according to a joint report by two national trade associations.

In their report — "Boating, 1967" — the Boating Industry Assoc., and the National Assoc. on Engine and Boat Manufacturers estimated that Americans The largest buck killed during spent \$3,000,100,000 on new and used boating equipment, insurwas credited to Dr. Thomas Ashe ance, fuel, docking and other sersport also showed that 41,375,000 persons went boating more than pared with 40.4 million persons and 8.07 million boats the year

> Skilled workers-though they make up only 13.2 per cent of persons: 27.6 per cent. Semiskilled workers were the second largest group of employed outboard motor buyers, with 23.6 per

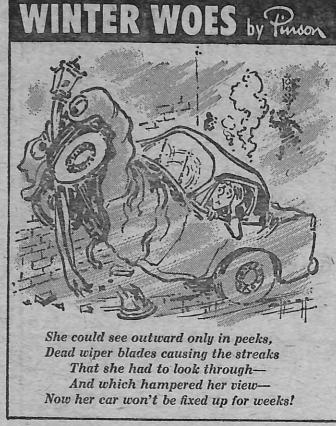
> The report said the breakdown of the mammoth fleet was as fol-591,000 inboard boats, including power and 2,280,000 rowboats, canoes, prams, dinghies and miscellaneous craft, many used with outboard power.

Brushes, You Say?

Hartford, Conn. Old jokes about the Fuller dated. For the "man" ringing your doorbell may turn out to be

In another blow for equality of in connection with permits for the sexes, the Fuller Brush Comprivate facilities at reservoirs pany has made permanent its operated by the Corps, which was Fullerette program, employing

Avard E. Fuller, president, said that its Fullerettes "working



PREVENT THOSE WINTER DRIVING WOES

The Safé Winter Driving League presents the following tip for safer winter driving from the National Safety Council: "Don't be a 'peep-hole pilot.' Brush snow completely off front, back and side windows. Replace dead wiper blades with live, new ones to prevent streaking. All your lights should be working, with headlights aimed properly. You must see danger to avoid it."

much as, and often more than, meet or beat men's records—they

Mr. Fuller explained that a tomer. Fullerette will often spend 20 minutes visiting where a man would be in and out in 5 minutes.

three hours a day can sell as But the women still manage to make bigger sales to each cus-

Agawam Independent by Mail

Start Now To Put Yourself In Shape

importance of exercise to health. The American Medical Asso-

ciation points out that exercise, or lack of it, is often a significant factor in the control of obesity, diabetes, heart and circulatory problems, orthopedic disease and emotional disorders.

Fitness developed through vigorous activity and exercise can be preventive, as well as therapeutic,

In a positive sense, health includes abundant energy and vitality. A healthy person is physically fit when he can perform his daily work and tasks without un-due fatigue, maintain adequate reserves of energy to enjoy recreational activities and leisure, and meet the challenge of unexpected demands. These might be running to catch a train, quickly climbing several flights of stairs, shoveling snow, or jacking up the car to change a tire.

Can you go up several flights of stairs without severe discomfort, chest pain, or having to stop before you reach the top? You would expect to be puffing a little at the top, but this should subside you are reasonably fit

The best exercise is doing something physically active which you enjoy, with the exercise part secondary. If you enjoy swimming or tennis, or handball, these are exof the body. Golf is good for the tired businessman. Most of us, however, find it difficult to exert the mental discipline to keep at



a program of daily calisthenics purely for the sake of exercise.

If you have had little or no exercise for years, be cautious about plunging immediately into active sports. Work up to strenuous exercise gradually.

There are simple tests by which your doctor can determine If you flunk the tests miserably, and many of us will, then ask your doctor to prescribe a simple, daily exercise program to help you get back in shape. 1-68

U.S. PLANE LOSSES PASS 3,000 MARK

United States aircraft losses in the Vietnam war have passed the 3,000 mark, the American command reports.

Of those lost, 716 warplanes went down over North Vietnam in the three-year-old bombing campaign. Eight helicopters have also been lost over the north,

Over South Vietnam, headquarters reported, a total of 216 warplanes and 431 helicopters have been lost to Communist gunners.

Other plane losses were put at 846, and other helicopter losses at 747. These include:

-Combat aircraft lost to operational causes other than enemy

-Support aircraft such as observation planes and cargo planes destroyed by either enemy action or operational causes.

-All other losses in connection with the war including aircraft destroyed on the ground by Communist mortar, artillery, or ground attacks.



FOUL-WATER FISHING

How often have you decided against going fishing because of reports of muddy water? It's a natural reaction, especially this time of year when rains whisk silt down the rivers and into lakes. For many, fishing comes to a standstill.

However, muddy water should be no real deterrent, says the fishing experts at Mercury outboards. It simply calls for a change in tactics, switching to a style of fishing

that is particularly suited to cloudy water conditions.

Remember, first use senses other than sight when feeding, so, like fishing at night, work on the idea that you should offer a bass compthing be seen offer a bass something he can hear, smell and taste when you fish the murky waters.

Natural baits such as minnows, crawfish or a gob of worms will attract feeding fish, regardless of conditions. To make it even more noticeable, attach a cork carved into a concave shape about two feet up from the hook. When this cork and bait are cast, a loud "plop" reverberates through the water. This rig can be either cast or jigged up and down briskly with a long cane pole, and with surprising re-

To locate fish, try to cover as much water as possible by cruising slowly, but steadily, along the shoreline. Carefully work around stumps and rocks where fish are almost certain to be, and look for spots where the muddy water is just starting to clear. Give this a try; it's a method that might become your favorite.

TODAY'S AGRI-FACT

With Blue Hubbard squash plentiful and still low-priced, now is the time for farsighted homemakers to stock up for all-winter use right into spring. This type is so durable that it keeps well even in a warm room, provided you start with scar-free squash. "The grand old squash," as it is known in New England, is still No. 1 despite the inroads of other varieties like butternut and buttercup in recent decades.



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Agawam



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TRY OUR CLASSIFIE ADS

IF YOU WANT TO

SELL-RENT-**EXCHANGE**—

THEY'LL GET RESULTS

Agawam Independent ST 8-8996

(All Persons 65 or Older)

Please answer all questions by putting a check mark in the lot more difficult than it seems.

TV Guide reports the case of appropriate places and add any comments you wish to make.

TRANSPORTATION 1. Do you need transportation? Yes..... No...... 2. Do you have your own transportation? Yes....... No........

3. If not, is other transportation available? Yes....... No.......

DROP IN CENTER

1. Do you think Agawam should have a Yes...... No...... Center for Senior Citizens? 2. If the Center were established would

What would you suggest in the Center?

Snack bar Reading room Games, puzzles Color TV Library Films

Other suggestions

4. Would you volunteer your services in Planning Programming Operating such a Center?

RECREATION

1. What are your favorite skills, hobbies or pastimes?

2. Would you be interested in any of the following? Leather Craft Ceramics Bus Trips Painting Rug Hooking Photography Other interests

EDUCATION

1. Do you attend evening Adult Education

2. Would you attend Adult Education Courses in the afternoon if they were free?

Yes...... No....

Yes..... No....

3. What courses would interest you? ...

4. Would you like assistance in developing hobbies or projects at home?

1. Are you in good health Fair health Invalid 2. Do you haveBlue Cross-Blue ShieldMedicare Other Medical Assistance Program (Medicaid)

3. Do you have regular physical checkups? Yes...... No.....

4. If a daily hot meal was made available at a convenient location at a nominal fee, would you use the service?

5. If you are unable to prepare a hot meal daily, would you like it brought to your

home for a nominal fee? 6. Do you need help with housekeeping

7. Would you like someone to visit you periodically?

HOUSING

1. Do you feel that more "Housing for the Elderly" is needed in your community? Yes...

2. If an apartment were available in a "Housing for the Elderly" Project, would you take it if you were eligible?

3. How much do you spent for rent per month?

Less than \$60 \$67-71 \$71-80 \$80 or over Yes..... No.... 4. Does your rent include heat?

5. Does your rent include utilities?

6. Is your housing adequate?

7. Do you have relatives with whom you could live?

8. How many live in your home? 1 2 3 more more

VOLUNTEER SERVICES

1. How much time do you have to donate to help others? 10 hours a week ... 1 hour a week 5 hours a week more than 10 hours a week

2. In your free time would you like to work with

the young? ____the disabled? ____the elderly?

CHURCH, CLUB, ORGANIZATIONS

1. Church Affiliation

2. Club Membership

3. Other organizations

1. Do you use the services of a library? Yes...... No.... 2. Which one?

3. If not, why?

BLUE CARD

1. Do you have a Blue Card for special consideration from the merchants? 2. Would you like one?

ENSUS SURVEY

1. Do you live alone? with family? CENSUS SURVEY

with friends? ____ in a nursing home? ____ 2. Ae you over 65......, over 70......, over 80...... over 90....

Yes No....

Yes No....

YOUR NAME

ADDRESS

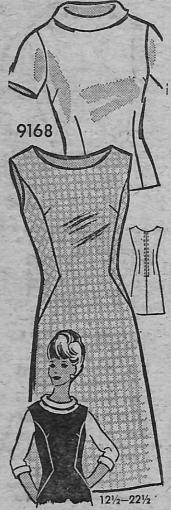
TOUGH BEARD

Producing some of those fas-cinating TV commercials is a a script that called for shaving the whiskers of a lion to dramatize the slogan, "Soften the world's toughest whiskers." The lion was uncooperative; he licked off nine cans of lather. When the beast was finally prepared, three attempts to shave it resulted in broken razor blades. The crew then learned from a visiting SPCA representative that a lion's whiskers can only be cut by a hacksaw or bolt cutter. The intrepid ad men solved the problem; they changed the slogan!

LIFE IMITATES ART

Twelve miles south of Last Chance Gulch, near Helena, Mont., there is a real Ponderosa cattle ranch, and it's owned by a Cartwright-Claude, in this case. TV Guide magazine reports that he didn't name his place the Ponderosa until after Bonanza appeared on TV. Cartwright has four grandsons. The youngest is called "Little Joe."

Printed Pattern



Printed Pattern 9168: Half Sizes 12½, 14½, 16½, 18½, 20½, 22½. Size 16½ jumper 2¼ yards 45-inch; blouse 1% yards 35-inch fabric.

SIXTY-FIVE CENTS in coins each pattern — add 15 cents for each pattern for 1st-class mailing and special handling. Send to 170 Newspaper Pattern Dept., 232 West 18th St., New York, N. Y. 10011. Send 50¢ for new Fall-Winter Pattern Catalog. Coupon inside

SWEET POTATOES

An Early American . . . the sweetpotato. Columbus found it here . . . carried it back as proof of the wonders of the New World. The first settlers in the South soon made it one of their favorite foods.

Today we know the sweet potato as a prize package of food values. A rich source of vitamin A, it also provides worthwhile



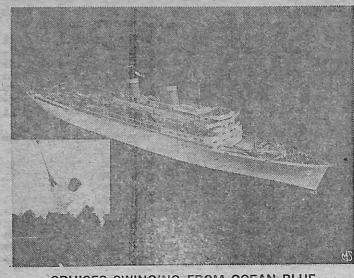
AND AMERICAN Eat Here or Orders To Go

SOO'S Restaurant

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TV GUIDE NEWS The Agawam Independent—Thursday, January 4, 1968 Page 7





CRUISES SWINGING FROM OCEAN BLUE TO PUTTING GREEN

A unique new idea in cruise travel is proving as welcome as a hole-in-one to golfers who have to spend the winter months at the proverbial 19th hole while frozen off the first 18. Created as a break with the stodgy style of the past, these new cruises aboard the S. S. Constitution are providing an atmosphere of a combination floating luxury hotel and country club.

Scheduled to sail for San Juan, St. Maarten, and St. Thomas in the Caribbean on January 2, 10 and 17, the seven and eight day cruises will feature top name entertainment in a nightclub geared toward the modern generation. Headline attractions ashore: Bobby Darin, Milton Berle, the Chavales de Espana and Pat Collins, internationally-acclaimed hypnotist. In addition, there will be shore excursions, choice of dinner show at one of San Juan's four outstanding hotel/nightclubs, and a free transfer in St. Thomas for shopping and additional sightseeing-all included in the package rate.

By far, the most unique feature of the cruise is a golf

Calcutta at sea for passengers only. A match will be held at the El Conquistador, the newest and most challenging golf course in the Caribbean. Ten thousand dollars in prizes are to be awarded to the winning foursome as well as the lowest individual net score. Official handicaps must be submitted.

Golf clinics will be held aboard ship, with professional PGA members specifically instructed under the Arnold Palmer method. The program will include the special Arnold Palmer electronic driving range facilities, including instant video retake, driving nets, sand traps and putting

Diner's/Fugazy Sales Corp., 488 Madison Avenue, New York, N.Y. are the general sales managers for these oneclass cruises on the American Export Isbrandsten Lines. The entire cruise can be charged on the Diner's Club credit card, with up to 24 months to pay if desired. Additional information can be obtained by writing to the general sales managers or through local travel agencies.

and minerals.

not good keepers. So it's best to Service.

quantities of vitamin C and buy them in small lots and use small amounts of other vitamins them promptly says Gisela Pass, Extension Home Economist with As a rule, sweet potatoes are the Hampden County Extension

AMERICAN INTERNATIONAL EVENING COLLEGE

Second Semester Announcement

CLASSES BEGIN MONDAY FEBRUARY 5

Registration is now in process from 9 a.m. to 5 p.m. weekdays

Special registration periods from 5 p.m. to 7 p.m. February 1, 2 and 5 from 10 a.m. to noon, Saturday, February 3

> For complete listing of second semester courses Phone RE 7-5331 or write

American International **Evening College**

170 Wilbraham Road Springfield, Mass.

Roof Tops the List In House Protection

When buying or building a out if the material has passed home, don't overlook the im- Underwriters' Laboratories tests ing long-term protection and spread and burning brands. good looks for the house, and for your family.

Any house is a sizable inthat essential building products recommended for all roofs, eslike the roof will give you lasting value for your money.

Here are some roof pointers you should consider before making the down payment. If you aren't knowledgeable about roofs, get the answers from the builder or architect.

· Is the roofing material top quality, and is it backed by manufacturer? Asphalt shingles, seen on most new homes, provide highly durable, low-maintenance roofing. The heavier the shingle, the longer the life expectancy. For instance, asphalt shingles weighing 290 or more pounds per square, are designed to last at least 20 to 25 years.

. Was the roof properly installed? If so, shingles should ples in the roof surface. Check the roof to be sure that workmen have not caused damage to the roof during other phases of house construction

for your family's safety. Find to your new home.

CHEERY CHERRY

NUT BREAD

1/2 cup sugar

11/4 cups milk

sliced

3 cups Bisquick

or other nuts

1 cup candied cherries,

34 cup chopped Brazil nuts

Heat oven to 350°. Grease loaf

pan, 9x5x3 inches. Mix sugar, egg, milk and Bisquick; beat

vigorously 30 seconds. Stir in

cherries and nuts. Pour into prepared pan. Bake 50 to 60

minutes or until wooden pick

inserted in center comes out

clean. Crack in top is characteristic. Cool and wrap in

aluminum foil. Store one day

portance of the roof in provid- for resistance to fire, flame

. Is the roof wind resistant? assuring comfort and security Interlocking shingles or selfsealers - which have an adhesive strip that bonds each vestment, so it pays to be sure shingle to the one below - are pecially those in high-wind

> · Does the roof enhance the over-all appearance of the house? Modern roofing materials, such as asphalt shingles, now come in a wide range of attractive colors to blend with sidewalls, trim and other exterior features. The heavier weight shingles, which have thicker tabs, provide heavy shadow lines and give an interesting textured look to the roof surface.

> · Does the roof have a wide enough overhang to shade windows and sidewalls from the sun, and protect them from the

· Does the roof have suffilie flat and even with no rip- cient pitch to allow storage space in the attic or permit attic expansion into living quarters if needed?

If the answer to these questions is "yes," then you're get-. Is the roofing material fire ting a good, efficient roof that resistant? This is a vital factor will add value and enjoyment

BANANA-APRICOT BREAD

By Jack Haber, Editor The G.Q. Scene Where/Wear of Dating

It's Saturday afternoon, and you're sitting around with some of the guys just rapping, forgetting about everything, even that groovy date you have - when somebody says, "What are you going to do tonight?" This is the kind of Saturday afternoon ques-tion that can be answered with "I don't know; what are you go-ing to do?" and go on for three hours in the same vein—until suddenly, it's Saturday night. Since I played many a starring/and supporting role in these Satur-day afternoon sessions, I know the usual solution is to go to that tired, old, played-out neighbor-hood movie - the same place you've been going to (and probably your date has, too) ever since you were seven. Not that the movies aren't better than

ever, but...
You've probably long since found out that you have a better time doing something more original. Like what? Well, if you live in or near a big city, you're lucky, because there's always the air-port. Watch the departures, arrivals, and pretend you're going somewhere, too. Your date will love it because you're imaginative. (You'll love it because it's inexpensive.) All this traveling can make you hungry—so splurge on a pizza or an enormous sundae.

As editor of G.Q. Scene magazine guys are always writing to me about this problem of what to do as well as what to wear when doing it. I'm a staunch advocate of casual dress for most date (writes the caracter absodates (unless the occasion absolutely demands a suit) - because it's more comfortable and because there are so many varieties of gear to choose from. This year, I like the looks of that old stand-by -the CPO jacket - updated in glen plaids or canvas. On the belder side, the hounds-tooth and plaid slacks should certainly be noted - they're great conversa-tional ice-breakers as well as be-

ing good-looking.

But, when you get right down to the nitty-gritty of it-knowing who you are and acting it-are just as important as where you go and what you wear.

"You really can't judge a modern girl by her clothes. There isn't enough evidence." R. Call, Editor, Afton (Wyo.) Star Valley Independent.

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WELCOME WAGON

Don't Worry, Chicken Little

Chicago The Chicagoan leaned back, back, trying to see the top.

'They've stolen another piece of our sky,' he said. 'Crammed it full of steel beams. And now true. they're stuffing the holes with chips of glass.'
And he was right.

ed John Hancock Center poked its head above the other Michigan Avenue giants, making them look like somebody's kid brother. By early November it stretched two stories past the halfway point, and on that day that block-thick steel gate was unquestionably the city's highest building. At this writing, it's up to 66 stories.

The building will have five floors of shops, six for parking, 28 for office space, a plaza for tenants, 47 for apartments, and six for restaurants, observatory, and mechanical equipment. high-speed elevator will reach the 94th floor observatory in 39 sec-

The steelworkers keep swinging the beams up, poking holes in careless clouds that wander in off

the lake, shoving on toward that 100-story mark.

Now the word is spreading that somebody-nobody will say whohas plans for an even higher building on the drawing board here. This is the city that invented the skyscraper, so it is probably

Which means Chicken Little should have little to fear. The sky couldn't fall if it tried, with all Weeks ago the broad-shoulder- of the props they're sticking up.

> Pittsburgh, Pa., News-"There is at present, according to medical authorities, a shortage of about 500,000 doctors in the U.S. We suggest that studentsboth boys and girls . serious thought to making a career of medicine."

PIANO TUNING



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machine. All attachments. Call in A.M. - 788-7822.

1/2 cup milk 1 cup mashed bananas (2 to 3)

3 cups Bisquick

34 cup sugar

1 egg

34 cup chopped nuts 34 cup chopped dried apricots Heat oven to 350°. Grease loaf pan, 9x5x3 inches. Mix Bisquick, sugar, egg, milk and bananas. Beat vigorously 30 seconds. Stir in nuts and apri-

Bake 55 to 60 minutes or until wooden pick inserted in center comes out clean. Little loaves of nut bread make charming holiday gifts, too: Divide the nut bread batter

cots. Pour into prepared pan.

equally among six well-greased miniature loaf pans, $4\% \times 2\% \times 1\%$ inches. Bake at 350° about 35 minutes. Cool and gift wrap.

For gift wrapping — wrap in plastic, tie with a holiday bow. Indian Investors

Washington Interior Secretary Stewart L. Udall has authorized the Navajo Indian tribe to take up to \$10 million out of banks and the United States Treasury and in-

vest it in stocks The tribe's \$10 million scholarship fund has been earning a legal maximum of 51/2 percent interest, compounded quarterly, in bank deposits and 4 percent annually in the Treasury.

The announcement said the tribe believes it can earn more by lege for newspapers only. investment.

As in the past, the net annual income will go toward scholar- News. ships for Navajo young people.

Mr. Udall, writing to Raymond Nakai, chairman of the Navajo tribal council, praised the tribe for its action.

For Sale

Westinghouse cabinet sewing

BOSTON BUFFET

An exciting way to serve scrambled eggs: Cook ¼ lb. sliced mushrooms over direct heat in ¼ cup melted butter. Beat 8 eggs along with ¼ cup light cream, seasoned with 3/4 tspn. salt, 1/4 tspn. pepper. Pour into top pan with mushrooms over boiling water and cook, Stir occasionally until "just right."

"Too many people know too little about what 'Freedom of the Press' really means. They think it must mean some extra privi-James Berreth, Editor, Water-town (Minn.) Carver County

BUSINESS OPPORTUNITY

Spare Time Income

Refilling and collecting money from NEW TYPE high quality coin operated dispensers in this area. No selling. To qualify you must have car, references, \$600 to \$2,900 cash. Seven to twelve heave and the car appealing the seven like the care and the seven like the care and the seven like the care and the seven like the seven like the care and the seven like the care and the seven like the seven hours weekly can net excellent monthly income. More full time. For personal interview write P.O. BOX 4185, PITTSBURGH, PA. 15202. Include phone number.

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